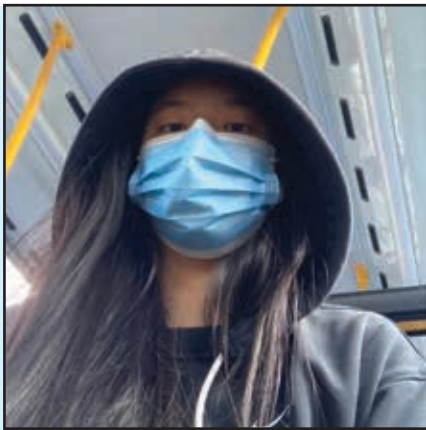


# International



Change, growth, new experiences, unique pressures, and interesting challenges - just a few of the words that describe 2021. Our international student numbers were small but this gave us time to get to know each girl individually, to care, support, and entertain them as they were not able to visit their families overseas. They continued with their positive attitude to learning, always tried their best, participated enthusiastically in school activities, productions, and sporting events, and increasingly became integral members of our Sacred Heart community. We continually marvelled as our girls developed into confident young women, celebrating as their English skills improved, and congratulating them as they achieved academically, in the arts, or in their chosen sports. Here's what our students have to say about 2021:



**Siyi Yong**

*"Worrying about what others think of you is not important. How you feel about yourself is."*

I chose Sacred Heart because I heard students in this school are very friendly and there will be no bullying. The school has taught me to be confident, be independent, never to feel inferior and always have the courage to try.



**Germaine Jong**

*"The past was our history, the future is our mystery, and today is a gift, that's why it's called a present."*



**Han Ngoc Bao Hoang**

*"The two most important days in your life are the day you are born and the day you find out why."*

Studying at Sacred Heart has been invaluable in my pursuit of my academic path of studying Business. Most importantly, the way we study in NZ has allowed me to develop critical thinking and gain insightful knowledge through doing research about the topic we are studying. Being away from home has taught me to be resilient, determined to face difficulties, improved my communication skills and adaptability within new environments. I chose Sacred Heart because I was so impressed by how kind and friendly the girls were when I first visited on a school travelling trip. I believe that by being in a welcoming, friendly environment, where everyone constantly supports and treats each other with respect, has allowed me to develop to my fullest potential, freely express myself, be happy and enjoy every moment I have had here at school.



**Nattatida Jiengprasertkul (Feen)**

*"I don't need your approval to be me."*

I've learned a lot studying here, how to interact with people and make new friends. My mother insisted I travel to study in NZ so I've been at Sacred Heart for three years. Studying here has given me the confidence to make my own choices, to speak what I really believe, be more self-assured, and be myself in the way I wanted to be.



**Yim-Ngan Su**

*"Don't go looking for happiness; create your own."*



**Boyao Li**

*"Have confidence, then, you can succeed."*

Sacred Heart was recommended to me by friends and I found it to be a really good school. I have learned about interesting new courses that were all new to me. I learned to use accounting software Xero and about the business market. I have also developed my hobbies such as Art.



**Kanyapak Yuankratok (Namtan)**

*"Life always offers you a second chance, it's called tomorrow."*

Learning at Sacred Heart promotes "how to be thoughtful". It has given me the chance to have and share my own opinion and to be myself without being shaped into a box of certain standards. This is totally different in my country. I admire the culture here, where the barrier between students and teachers almost does not exist. Teachers are super friendly and approachable. Students are respectfully given the chance to question things without judgement. I have many friends and great relationships with teachers which I would not have if I did not come here. I am also grateful to have had experience volunteering in the community.



**Emma Lin**

*"Smiling is free."*

I learnt a lot while living in NZ and studying here at Sacred Heart. An important thing is there are many opportunities to learn how to communicate with people from different cultures. The students here are friendly and willing to help others.



**Yim Qi Su**

*"Smile Today, Tomorrow, Everyday, Everywhere, and with Everyone, It's a free Gift."*

I have learnt so much about NZ, especially the importance of having a healthy mental well-being and building strong and encouraging friendships. The similarities of the Māori Culture with my birth place has made me feel at home. My family and I chose Sacred Heart because it is a Catholic all girls' school and my extended family have attended and enjoyed this school. We also wanted a great education support system which we continue to receive and to build Kiwi friendships. I enjoy the Kiwi life, the benefits of playing sports, being part of teams with Kiwi girls and being involved in many activities like the cultural festivals. My experience has been very good because the girls are really welcoming, supportive and nice.



**Amy Chuang**

*"Never give up before trying."*

After coming to NZ, I became more independent and better at socialising. I chose Sacred Heart because one of my friends is also in this school and she told me the students and teachers here are all friendly and kind. The teachers taught me not to be shy, to ask questions because that's part of learning. This has helped me have more confidence and improved my English ability faster.



**Purida Tanutruijorn (Bam)**

*"Work hard, play hard(er)."*

Studying abroad has been the most challenging thing I have ever done. Attending English lessons back home was my worst nightmare as my teachers complained about my English accent. I have now successfully studied here for three years. The school has given me a great education, I have formed long-lasting friendships, discovered new things and met many people of different cultures. I am more confident, self-reliant and have many new life skills. I feel a part of the Sacred Heart family.