



Sacred Heart
Girls' College
HAMILTON

College News

ISSUE 2
February 2019

AGE QUOD AGIS



From our Principal

Tēnā koutou katoa
Nga mihi nui ki a koutou

Almost mid-way through the first term of a new year and we have much to be proud of as we celebrate the variety of success stories from our students. If you have 'liked' our Facebook page, you will be receiving lots of updates that capture some of the opportunities for learning on a daily basis as well as 'wow' moments. Once again, our resident Heptathlete, Kayla Goodwin, had a 'wow' moment on the podium after excelling in a recent athletics competition. Another Gold, another broken record, another personal best and another goal met! Kayla can also be proud of her academic records and personal qualities and she is a fine example of Age Quod Agis. There are also many students who may not be standing on a podium, and who can be exceptionally proud of the progress they have made because of the same value they, their whānau and their teachers, place on learning. Some of these students exceed their own expectations and we are equally proud of their efforts, passion and downright hard work!

There are groups of students currently training hard for their main competition events: Rowing, Waka Ama and Waterpolo. The dedication to the team and the sport itself always impresses and we all know the benefit of sport and its impact on wellness. There are also students getting involved in Theatre Sports, Big Sing and Vinnies. We encourage, in this Year of Tūmanako, to be brave and try something new because nothing grows in a comfort zone!

As mentioned in the previous pānui, the progress of the building development is not where we expected it to be. However, this gives me the opportunity to republish our philosophy around the Innovative Learning Environment (ILE), for the benefit of our new parents and whānau:

"Whilst we still have plans for sacred, social and student spaces and services, we are also fully engaged in a design process for a flexible, innovative, modern learning environment ... The shift to a contemporary learning space aims to serve our current and future students with the best possible setting for their learning. Please do not be alarmed by what some people would have us believe that a modern learning space is a wide open 'carpeted barn'. This is not the case. What we know now about learning has changed significantly and our school buildings need to be able to support modern and future learning and pedagogy (teaching practices) so that we can better prepare our students for their future...To make the most of this one-chance paradigm-shift opportunity, you can be assured that we have briefed our architects very clearly and we expect the design of our learning spaces to be a visible expression of our mission, vision and culture, where our young women can learn to change the world! Therefore, we expect 'Communion' spaces where multiple sized groups can come together to learn. We expect a variety of 'Contemplation' spaces where smaller groups and individuals can 'break out' to learn or where students and teachers can come together to collaborate and learn, or where personal learning can take place, quietly and safely. We also expect 'Mission' spaces where learners will have sufficient space to experiment, test and practice their learning. Consequently, we can expect 'soft walls' as opposed to 'no walls' and 'glass rooms' as opposed to 'classrooms' and furniture that supports the needs of learners in these spaces. We can expect high visibility of learners and teachers inside and outside, so there is always a sense of connection and belonging, and we can expect to see more collaborative learning and inquiry. What is particularly important, however, is that we do all we can to close the gap between the challenges and opportunities the future holds by ensuring our learners, your daughters, are equipped to rise to those challenges. There is much preparation to take place so that our teachers can continue to deliver high quality learning experiences for our students. Parents can expect to learn more as we transition, carefully, into a new environment, and we encourage you to learn with us and ask questions of us as we companion each other on this journey.

Our Vision

Ignite the Passion: inspiring young women to change the world - me aro ki te hā o Hineahuone.

We live the virtues of Faith, Hope and Justice.

Our charism is expressed through **Communion, Contemplation, Mission.**

Although there is great excitement and anticipation of a modern learning space, there will also be some unease as we step into new paradigms and mind-shifts so it is really important that we are curious, open-minded and excited as well as strategic, sceptical (as in probing deeper) and inquisitive. As we prepare for significant change...remember that the answer to How? is Yes!"

There is further information about ILE on our website (under the Learning tab).

I would like to take this opportunity to let you know that I will be taking Sabbatical leave from March 22. I will return on Monday June 17. I am looking forward to attending the Global Education Leadership Summit in Thailand as part of my professional learning around innovative schools that are redesigning curriculum experiences for our young people. In addition to visiting schools, I will be spending time in Dublin, my Turangawaewae, with my parents and extended whanau. Details of Acting Principal will be communicated nearer the time. In advance, however, I am grateful to colleagues who will take on the extra responsibilities associated with this leave and to the Board of Trustees for their support of my professional learning.

Finally, research and common sense tells us that when our young women are immersed in a culture of learning that pays as much attention to personal growth and development as it does to curriculum competency, then they are well set up to 'change the world': me aro ki te hā o Hineahuone... "take heed the dignity and strength of women" (Proverbs 31).

UPCOMING DATES TO DIARY

- 27th February Academic Assembly
Hall (11.40am)
Teachers Dedication Mass
St Mary's Cathedral (6.00pm)
- 6th March Ash Wednesday Liturgy
Hall (11.40am)
- 21st March Swimming Sports
Waterworld Te Rapa
(9.00 - 2.00pm)

Students by Appointment Only days:
Friday, 29th March
Monday 29th April

WAIKATO-TAINUI GRANT RECIPIENT

Congratulations to Nikita Toia, who in December last year received The Waikato-Tainui Secondary School Grant from Ko Te Mana Maatauranga worth \$500.

Selection for this grant is based on the applicant's ability to demonstrate excellence in engagement, achievement and leadership in Tikanga Maori and Tribal Connections.



WHĀNAU WELCOME BBQ



DUKE OF EDINBURGH

2019 is looking to be another good year for the Duke of Edinburgh's International Award at Sacred Heart. We have

four girls starting their Gold Award and another four into their second year of Gold and 12 girls are set up to start Silver. Both Gold and Silver girls have completed their Outdoor First Aid section and by the end of Term 1, training will be complete for both levels and the Silver girls will have been on their three day practice tramp.

A good number of students came to the first Bronze meeting and are currently completing the administration and registering for the online record book (ORB). For those new to the award, each level requires a weekly commitment of at least an hour of learning/practicing a skill, doing a physical activity and giving service for a minimum of three months. Students then select one of these areas to continue for a further three months. The outdoor section involves outdoor First Aid, bush craft training, a two day practice and two day qualifying tramp. The dates for these were given out at the first meeting. It is easily possible to complete the Bronze award in a year.

For further information, check out the school website: SHGC and the DOE website: Duke of Ed



SPORTS ACHIEVEMENTS

Athletics

Kayla Goodwin travelled to Christchurch to compete in the New Zealand Multi Event Championships last weekend. She won Gold in the U20 age group (still only 17 years old) for Heptathlon. U20's use the same implement weights and scoring system as the senior women and Kayla gained the highest score overall for both fields and over 900 points clear of the second U20 competitor, Another outstanding performance and New Zealand Title.

ATHLETICS

It was a successful day in the hot sun. The overall winners were Barbier with 2444 points.

Overall standings for House points:

- 2nd Siena 2018
- 3rd Avila 2015
- 4th Lisieux 1968
- 5th McKillop 1584
- 6th Aubert 1550

With many of the school records being broken it was a hard fight for the top.

Overall placings:

- Junior: WINNER Olivia Day (26 points), 2nd Abi Weeding (17 points), 3rd Abby Evans (15 points)
- Intermediate: WINNER Krystie Solomon (31 points), 2nd Kiana Pohe-Bright (27 points), 3rd Alana Oliver (19 points)
- Senior: WINNER Kayla Goodwin (48 points), 2nd Sophie Young (17 points), 3rd Tietie Kaninteang (10 points)



We are seeking Coaches and Managers for the following codes: Netball, Hockey, Football, Touch and Lacrosse. If you would like more information, have any questions or are keen to assist, please contact Mark McAlley, Director of Sport Development – 856 7874 ext 2837.

STUDENT ABSENCES

For all Student Absentees, including away from school, appointments or late to school, please report to the following:

Email: absences@shgcham.school.nz
Phone: 07 856 7874 ext 2852

MUSIC UPDATE

We welcome three new additions to our music team

- Brooke Baker (Vocals)
- Marcus Rimington (Private: Guitar/Bass/Drums)
- Alex Pelham-Waerea (Performance Troupe/Big Sing Project)

The Big Sing Project (New): Our new all-comers choir has had two rehearsals and will be entering The Big Sing choral competition in June. This is a collaborative project between coaches Lynn Jamieson, Brooke Baker and Alex Pelham-Waerea. All students and staff are welcome to come and sing their hearts out, Fridays - Break 2 in the Hall.

Performance Troupe (New): An auditioned singing ensemble in collaboration with Saint Johns' College. This group will be rehearsing repertoire Term 1 and then singing at school and in the wider community throughout the year. Rehearsals after school Wednesdays and occasional weekends in the Music Suite.

Country & Western Club (New): Country and Western lovers can be found, Tuesdays in the Music suite - Break 2. All welcome.

Heart Attack Barbershop Chorus: Rehearses Wednesday Break 2 with some sectionals Break 1 and occasional rehearsals outside school.

Jazz Band: Rehearses Fridays 3:30 - 4:30 Hamilton City Brass Rooms, 245 Clyde Street

Concert Band: Rehearses Monday 3:30 - 5:00pm at Hamilton City Brass Rooms, 245 Clyde Street

Sacred Sisters of Soul Orchestra: Rehearses Breaks 1 and 2 Thursday in the Green Room

Chamber Music: Rehearses Tuesday at assigned times

Liturgical Singers: Rehearses Thursday Break 2

Liturgry Band Rehearses: Thursday Break 1

Rock Band: Rehearses at various times

Instrument Tuition

Due to overwhelming demand for lessons this year, there are several long waiting lists. Vocalists are encouraged to join BIG SING PROJECT or HEART ATTACK Barbershop Chorus for vocal performance experience. A few private Guitar/Bass/Drum lesson slots are still available.

Please email any music queries to Lynn Jamieson: ljamieson@shgcham.school.nz

MATHEMATICS AND STATISTICS

Help sessions and Online Resources

Additional learning sessions for all levels has now commenced for Mathematics and Statistics. These are lunchtime sessions on Wednesdays in Room 212.

Every student has access to Education Perfect, an online resource. Your daughter's Maths teacher would have set up tasks to be done at home. This is a good opportunity to gain further understanding of the concepts and skills being covered, and to also extend those who would like a bit of a challenge.

Junior students will soon have access to Mathletics. This will be used as a source of revision and consolidation. Students will be set homework tasks primarily from this site. To help your daughter please ensure that these tasks are completed in a timely fashion to maximise learning opportunities.

LESLEY SOMMERFIELD

Lesley is in her third and final year at Sacred Heart. After implementing an injury prevention programme in the PE curriculum last year, this year's focus is on analysis of the data and writing up of her thesis. Specifically, what were the effects of the injury prevention programme on lower extremity risk factors for injury, athletic performance and prevalence of injuries. The injury prevention programme (over Terms 2-4) focused on strength, plyometrics, agility and balance and progressed from body weight exercises to moderate resistance exercises. Besides PhD work, you can find her implementing athletic development programmes with various sports teams before and after school.



Lesley was recently awarded a \$1,500 scholarship from the National Strength and Conditioning Association Foundation (NSCA), Colorado Springs. This scholarship is designed to support women to enter the field of strength and conditioning. Dr Matt Stock, NSCA Foundation Board President said "Congratulations to Lesley for this well-deserved honor, She is an outstanding student with an extremely bright future. We are proud to support Lesley in her studies to be a future leader of the strength and conditioning industry."

Lesley also received the Jerry Martin Scholarship of \$1,500. This scholarship is only given to one deserving applicant each year.

We are proud to have Lesley as part of our team, sharing her knowledge and expertise with our students.

ENTERTAINMENT BOOKS

Watch this space ...



We are fundraising for a set of 16 x Laptops – for full-school use. More information on how to order your Entertainment Book membership to follow!

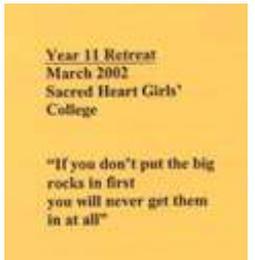
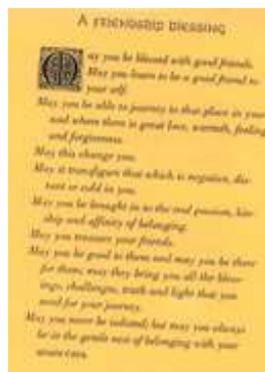
FROM THE ARCHIVES

I need your help! I've been taking an inventory of our school magazines and have found that there are several years of which we have zero, or only one, copy on file. If you are willing and able to donate your own copy from any of the years listed, I would greatly appreciate this. Or if you have a grandmother, mother or aunty who went to SHGC then maybe they have a copy from one of these years that they'd be happy to donate to our archives; please pass the message on. I'm looking for copies from 1986, 1985, 1975, 1970, 1969, 1966, 1965, 1964, 1963, 1954, 1952, 1951, 1950.

And speaking of things tucked away from one's school years that are no longer needed: I found the below in a second-hand book given to me a few years ago

by extended family. I wonder how many other

SHGC treasures there are out in the world looking for a new home in our archives ... if you have any stories, photos, or memories that you'd like to share, then please do get in touch with me by calling the school library on 856 7874 ext 2813 or emailing me, Kirsten Elliot at: kelliot@shgcham.school.nz



OUTWARD BOUND

Outward Bound New Zealand is a not for profit organization offering outdoor experiential learning courses to New Zealanders young and old. Our courses are run from our school in Anakiwa in the Marlborough Sounds.

We have two courses coming up in the April school holidays.

- Our School Leaders course is offered once a year to current school leaders aged 16-18 years during the April school holidays. The course is aimed at building teen resilience in a fun and healthy environment and connecting young leaders across the country. Places are limited and potential students need to provide evidence of their leadership position.

Link: School Leaders

- Leaps & Bounds is the ultimate shared adventure for parents/caregiver and their teen (13-15 years). The 8 day course provides a challenging but supportive environment for teens and their parents to develop and strengthen their relationship without any of the usual digital distractions.

Link: Leaps & Bounds

For more information contact:
Stephanie Kuttner
Freephone 0800 688927
Outward Bound Link: Website



Champion Eat Smart Tuckshop

Follow the link below to see the latest menus in our Tuckshop.

Link: Eat Smart Menu and Combo List