



Sacred Heart
Girls' College

HAMILTON

SPORTS ACROSS THE SCHOOL YEAR TERM BY TERM

TERM 1	TERM 2	TERM 3	TERM 4
Volleyball (S)	Badminton	Badminton	Volleyball (J)
Water Polo (S)	Basketball	Basketball	Water Polo (J)
Touch Rugby	Netball	Netball	Touch Rugby
Rugby 7's	Football	Football	Rugby 7s
Futsal	Hockey	Hockey	Futsal
Rowing	Rugby	Rugby	Rowing
Running Club	Lacrosse	Lacrosse	<p>KEY (S) = Senior (J) = Junior</p>
Muay Thai	Muay Thai	Muay Thai	
Kickboxing	Kickboxing	Kickboxing	
Netball Trials		Learn to Row x5 wks	
Football Trials		Volleyball Trials (J)	
Hockey Trials			
Rugby Trials			
Lacrosse Trial			

AVAILABLE ALL YEAR

Squash
Fitness Centre
Rock Climbing
Cheerleading
Equestrian

SCHOOL SPORTS EVENTS

TERM 1
Athletics Sports Day with House Events
Swimming Sports Day with House Events

TERM 2
Cross Country

SPORTS THAT COME AND GO ON DEMAND

Table Tennis
Tennis
Cue Sports
Yogo
Waka Ama
Cricket

They may have training only and no competition.