



## From our Principal

Tēnā koutou katoa  
Nga mihi nui ki a koutou

This week we celebrated Mass for the Feast of the Assumption of Mary. During the Mass, a joyful occasion, we also had the joy of witnessing two of our students who made a faith commitment on this occasion. Caitlin Te Puia and Teresa Chen received Sacraments of Initiation including Baptism, Eucharist and Confirmation. Our thanks to Bishop Steve who made the occasion extra special and memorable. It was also wonderful to see whanau support for both Caitlin and Teresa. If you would like to know more about sacramental preparation, please contact Mrs Brebner, Director of Faith and Mission, who will be pleased to help.

Our Chanel Shield Team also must be congratulated for great performances at the recent competition. This is a public speaking competition between all the Catholic Colleges in the Hamilton Diocese. Events include poetry, impromptu, drama, debating and speeches. There is much preparation required from students competing and their performance on the day is a measure of their commitment and dedication to their art.

Speaking of teams, our 1st XI Hockey, football and netball premier teams will be competing at various venues in September at Tournament Week. We are grateful to parents, volunteer coaches and managers for taking time out of their week to accompany and support our students. These events have additional costs, not only annual leave for volunteers and parents, but also accommodation and additional entry fees. You will not be surprised that these teams are fundraising in a variety of ways to help reduce the cost. If you would like to contribute, please feel free to contact the school and nominate your team. Petrol vouchers and supermarket vouchers are great ways to contribute to these activities. Pizza nights and movie nights are also advertised and teams would welcome your support.

I would like to make a plea to all parents and caregivers. I want to ask you to monitor your daughter's behaviour online. We have had some serious matters to respond to that have had an online dimension, which have complicated matters. Students need to know that nothing is 'private' in the online world. They also need to know that new laws in New Zealand make it an offense to engage in harmful digital communication: that includes email, texts, social media posts, video, audio etc. For these reasons I would like to draw your attention to new resources from Netsafe to assist young people navigating online challenges. The resources are designed to address some of the key issues young people face online, including bullying, personal images, catfishing, doxing and more. These resources can help you and your daughter to learn about steps you can take to keep safe online. Here is an example of Netsafe's advice if someone is:

- encouraging you to hurt yourself
- sharing intimate images of you without your consent
- encouraging others to send harmful messages to you
- sharing your private information without your permission

Text 'Netsafe' to 4282, call 0508 NETSAFE (0508 638 723) or email [help@netsafe.org.nz](mailto:help@netsafe.org.nz).

All our students have signed a Responsible Use Agreement. However, it is when online behaviour at weekends or late at night is then continued face-to-face the next day at school, that we run into complications. If parents could reinforce the message that we are all responsible for the actions we take and we all have the ability to control our behaviour, then you will be contributing to a culture of positive behaviour for learning.

Please take the opportunity to read through our newsletter for events coming up and achievements of our students. We are especially proud of Kayla Goodwin who will compete in the Junior Olympic Games in Argentina. What an outstanding young woman who epitomises the school motto: Age Quod Agis. We look forward to supporting Kayla and her whanau as they prepare for major competition.

Finally, as the signs of Spring start to appear around the school: daffodils, magnolias, snowdrops (and almost cherry blossom!), I am reminded that the Joy of the Lord is my Strength!

Tihei Mauri ora - kia tau te rangimārie!

## Our Vision

Ignite the Passion: inspiring young women to change the world - me aro ki te hā o Hineahuone.

We live the virtues of Faith, Hope and Justice.

Our charism is expressed through **Communion, Contemplation, Mission.**

## CURRICULUM NEWS

### Assessment Week

A reminder that Week 6 (27-31 August) is assessment week for senior students. The results from these examinations may be required as evidence if your daughter needs to apply for a derived grade due to unforeseen circumstances at the time of their external exams. The timetable for these exams is on the school website.

On Friday, 31 August, only Year 11-13 students who have a timetabled assessment are required to be at school. If you require your Year 9 or 10 daughter to attend school on this day, supervision will be available. In this case, please contact the student centre.

### Subject Choices for 2019

Student Option Choice forms are due to be submitted by 31 August. The course information and option forms are all available on the school website.

## ONLINE SEMINAR - STUDY AND EXAM TIPS



Study and Exam Tips Webinar - Learn from home! In this webinar, international award winning speaker and educator, Karen Boyes, will lead you through 7 study tips and 10 exam tips for you to get yourself ready for exams.

Cost: \$29.00/person

Book here: [Exam tips](#)

For more information contact: Lisa Bowness, Spectrum Education. P: 04 528 9969 - Tues, Wed & Thur, from 9.30am to 2.30pm. E: [lisa@spectrumeducation.com](mailto:lisa@spectrumeducation.com)

## MANU KORERO

“Kua takoto te Manuka”

Ngā Manu Kōrero is a Māori speech competition for secondary students. The competition encourages fluency in Te Reo Māori and English. It began in 1965 as the Korimako Contest, and commemorates Dr Pei Te Hurinui Jones, a Waikato elder and scholar who died in 1976.



This year, Caitlin Te Puia represented Sacred Heart Girls' College in the KORIMAKO, Senior English where ten schools from Waikato region participated and competed. The contest is in 2 parts: a prepared speech in English, of up to 6 minutes in length, plus an impromptu speech in English of up to 3 minutes in length, with a 5 minute period of preparation time. The Korimako Trophy is awarded to the contestant who gains the highest aggregate score for both the prepared and the impromptu speech.

Caitlin received a 3rd equal in the Impromptu, 3rd in the prepared speech and 3rd overall. This is a massive achievement for Caitlin and for Sacred Heart Girls' College, as we have not competed since 2003, where we won Junior Māori and went to Nationals in Palmerston North. Caitlin was supported by her Dad, her Nan, Koro and a small group from Sacred Heart Kapa Haka. Kei runga noa atu Caitlin, nōu te wahine kaha ki te whai i ngā tapuwae o o tūpuna.

## HIGH ACHIEVERS COMPETITION - CAITLIN HERNANDEZ

Our first High Achievers Music competition was held last night. 26 finalists performed in front of judges Bridget Greenslade and Martin Griffiths. The supreme award (and Senior Piano champion) went to Caitlin Hernandez for her performance of Brahms' Intermezzo. Both judges were impressed with the very high standard of performance at our school.

## FULL SCHOOL MASS - FEAST OF THE ASSUMPTION



Today we gathered as a school community to celebrate the Feast of the Assumption with a full school mass. At this feast we remember the continuous 'YES' that Mary made to follow God. Our challenge is to be listening for our call and as Bishop Steve reminded us to always remember 'the joy of the Lord is our strength'. Today we also welcomed Caitlin Te Puia and Teresa Chen into a fuller life in the Catholic Church. Teresa was baptised, confirmed and made her 1st communion. Caitlin was confirmed and made her 1st communion.



## INTERNATIONAL HOMESTAY FAMILIES NEEDED

Sacred Heart Girls' College runs an International programme for students abroad who wish to attend a reputable secondary school and experience the 'Kiwi' way of life. Our International students come from Japan, China, Korea, Sri Lanka and Thailand. Some are short term students who may only stay for two weeks and others attend for their entire Secondary schooling.

Our Homestay Coordinator is keen to hear from you if you would like to host an International student, either short or long term. If you have a spare bedroom, warm and comfortable home, and are willing to incorporate a student into your family life, the rewards can be life-long.

Please contact Rae Mellsoy to arrange a meeting in your home with you and your family members, where she can discuss Homestay payments, Host guidelines and answer all of your questions about being a Homestay family.

Alternatively, if you would like Rae to send you our Homestay Guidelines Booklet before deciding to take the next step of meeting her in your home, please drop her an email.

Rae Mellsoy - Homestay Coordinator

E: [rmellsoy@shgcham.school.nz](mailto:rmellsoy@shgcham.school.nz) Ph: 021 195 3268

## PEER SUPPORT FOR OUR INTERNATIONAL STUDENTS

Congratulations to all the student leaders who have been helping our International students this year.

Our International student leader, Alisa Zhang, chose International Student friends to help settle the students into the life at Sacred Heart Girls' College. Our International Learning Coach leader, Michelle Kwan, worked with a group of leaders to ensure all our international students were supported with their academic studies.

Peer support has been very successful this year. The photo shows the leaders after being presented with their badges.



## SPIRIT OF ADVENTURE

My name is Zanche Kitney and I am a Year 13 student. I have recently been on the Spirit of Adventure trip. It was a 10 day Youth Development Course. While I was there we got to swim with dolphins and saw an orca whale swim right past the ship. It was incredible to see these amazing animals up close in their own habitat. On the last day on board there were some awards given out to the crew and I was awarded the Jeweller Award. This award is given to the person who has grown the most, in terms of confidence, while being on the Spirit of Adventure. The reason that I received this award was because when I first came on board I didn't have a lot of confidence in myself and now I can happily say that after this opportunity, I have gained so much confidence in what I do now. This was a once in a lifetime experience and some of the best times of my life happened on this trip. For example, getting to climb 36m into the air and seeing all around Port Fitzroy, which is part of the Great Barrier Islands. This will be something that I will remember for the rest of my life.

## SPORTING ACHIEVEMENTS

### NZ ATHLETICS

Year 12 Student, Kayla Goodwin, who started competing in athletics at the age of 4, has been selected by New Zealand Athletics to compete at the 2018 Youth Olympics in Argentina later in the year. Kayla will be representing New Zealand in the Triple Jump after breaking the previous New Zealand U18 record earlier in the year, with a jump of 12.62m. She has also broken the previous New Zealand U17 Heptathlon record this year with an accumulation of 5007 points. Kayla will also compete at the New Zealand Secondary School Athletics Championships in Dunedin in December. We wish her all the best.

### NZ HOCKEY

Congratulations to Eva Zylstra, Year 13, who has been selected by Hockey New Zealand as a Junior Black Stick. Eva has been invited to attend the New Zealand U18 Development Camp in December. Well done, Eva and all the best for this exciting opportunity.

These are phenomenal achievements and we are all so proud of Kayla and Eva for achieving these outstanding goals.

### WAIKATO HOCKEY SELECTION

Libby Singer and Halle Scurrah have been recently selected for U15 girls Waikato hockey team. Taylor Young, Opal Kounu-Thompson and Samantha Hartstone have been selected for the U15 girls development team. It is a great achievement to get selected to represent the Waikato.

## PROCEDURE FOR PLANNED LEAVE

When you have a planned up-coming absence from school during term-time, please email/provide a letter to your daughter's Dean. You will need to include the dates and reason for absence.

For leave that is 5 days or more, you will receive formal acknowledgement from the Principal, confirming your request. This is a Ministry requirement.

It is your daughter's responsibility to inform each of her teachers of the planned absence and to minimise the impact of her learning. Please encourage her to communicate with teachers in advance as teachers will do their best to accommodate her leave.

## PROCEDURE FOR STUDENT ABSENCES

If a student is absent through illness, we ask that parents contact the school in the morning using TxtStream or leave a message on the answer phone. All absences from a class or school require a parent/caregiver to contact the school (TxtStream, phone, email or signed note) to confirm the absence. Signed notes should be handed to the Attendance Officer at the Student Centre.

Contact our Attendance Officer Wendy McLeod on: 07 856 7874 or email her at: [absences@shgcham.school.nz](mailto:absences@shgcham.school.nz)