

SHGC SCHOOL ATHLETIC RECORDS

Event	Junior	Intermediate	Seniors
100m	Rejoice Nhemachena 12.68 (2020)	Kiana Pohe-Bright 12.19 (2020)	Robyn Engels 12.40 (2013)
200m	Rejoice Nhemachena 26.73 (2020)	Kiana Pohe-Bright 24.90 (2020)	Krystie Solomon 25.56 (2020)
300m	Krystie Solomon 41.90 (2017)		
400m		Kiana Pohe-Bright 0.59.56 (2020)	Krystie Solomon 1.02.25 (2020)
800m	Krystie Solomon 2.27.(2017)	Krystie Solomon 2.25.13 (2019)	Krystie Solomon 2.27.06 (2020)
1500m	Krystie Solomon 5.10.01 (2017)	Ani Gemmill 5.22.35 (2014)	Siobhan Hayman 5.10.80 (2017)
Discus	Maggie Jacques 22.90 (2010)	Alana Oliver 28.80 (2019)	Kayla Goodwin 27.11 (2019)
Shot Put	Karisma Masoe 9.69m (2017)	Kayla Goodwin 10.29 (2017)	Kayla Goodwin 10.73 (2019)
Javelin	Krystie Solomon 22.77 (2017)	Kayla Goodwin 29.95 (2017)	Tetibe lotebwa 25.50 (2018)
Long Jump	Zara Ludbrook 4.98 (2018)	Kayla Goodwin 5.06m (2017)	Kayla Goodwin 5.19 (2019)
High Jump	Brooke Batters 1.56 (2017)	Kayla Goodwin 1.63 (2017)	Kayla Goodwin 1.55 (2019)
Triple Jump	Krystie Solomon 9.55 (2017)	Kayla Goodwin 11.13 (2017)	Kayla Goodwin 11.60 (2019)